



Professional 1:1 career counselling – boosting young researchers' career development!

Are you ready to explore your career opportunities and plan the next step of your career?

The University of Copenhagen now offers individual 1:1 career counselling to PhDs and postdocs tailored to individual needs.

Topics you might find inspiring to explore

- Feedback on CV and LinkedIn profile
- Transferable skills
- Tools for career planning and career thinking
- How to build and extend your professional network
- How to approach and contact future employers
- What to expect at a job interview in Denmark

Book a one-hour counselling session with a career consultant

Please book a one-hour counselling session at careercounselling@adm.ku.dk with the details listed below included, and UCPH Career Consultant Mette Fog Skriver will contact you shortly to arrange a meeting:

1. Full name
2. Nationality
3. Email
4. Mobile phone number
5. Current position at UCPH (please indicate if you are a PhD or postdoc)
6. Name of workplace at UCPH – Department/Faculty
7. Please point out why you would like to have an individual 1:1 career counselling session and which areas you would especially like to discuss

About Career Consultant Mette Fog Skriver

For the past ten years, Mette has been working with career development and retention of highly skilled talents coming to Denmark. She has hands-on experience in setting up career mentor programmes in close collaboration with companies and career counsellors and in organising workshops related to Danish workplace culture and expat counselling.

